



CHICAGO WOMEN'S HEALTH CENTER

FY2018 ANNUAL REPORT

DEAR FRIENDS,

I am proud to share with you the following report of Chicago Women's Health Center's 2018 Fiscal Year – a year in which CWHC deepened our collaborative approach and received recognition for the impact of that approach in communities across Chicago.

Because of you, and supporters like you, over six thousand people received access to affirming, comprehensive health care and health education. Our clients now have greater support in achieving their health goals, both during visits and between them. Our students have been engaged in conversations about the #MeToo movements' relationship to race and class; they have taken part in feedback sessions to shape sexual health education for future students.

Forty-three years after our founding, CWHC has advanced our commitment to ensuring people have the respect and information they need to determine what is best for their health and right for their bodies. One 2018 client described their visit as a “phenomenal, transformative, and empowering experience,” and another shared “I've never felt so welcome and safe in a medical environment.”

In the first year of the FY18-FY20 Strategic Plan, CWHC laid important groundwork to more explicitly articulate our racial justice values in programs and in organizational processes. We have initiated new community partnerships and made investments in staffing to respond sustainably to the emerging needs of our clients and students.

Thank you for your part in the progress of 2018 – I hope you enjoy learning more about all you have made possible.

In peace and health,

A handwritten signature in black ink that reads "Lisa Schergen". The signature is fluid and cursive, with a large, sweeping "L" and "S".

Lisa Schergen, Executive Director



Lisa, pictured left, at CWHC's 6th Annual Revolutionary Health Care Event

MISSION

Our mission is to facilitate the empowerment of women and trans people by providing access to health care and health education in a respectful environment where people pay what they can afford.

VISION

We envision a world in which all people have access to comprehensive, affordable, and sensitive health care.

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CLINICAL SERVICES

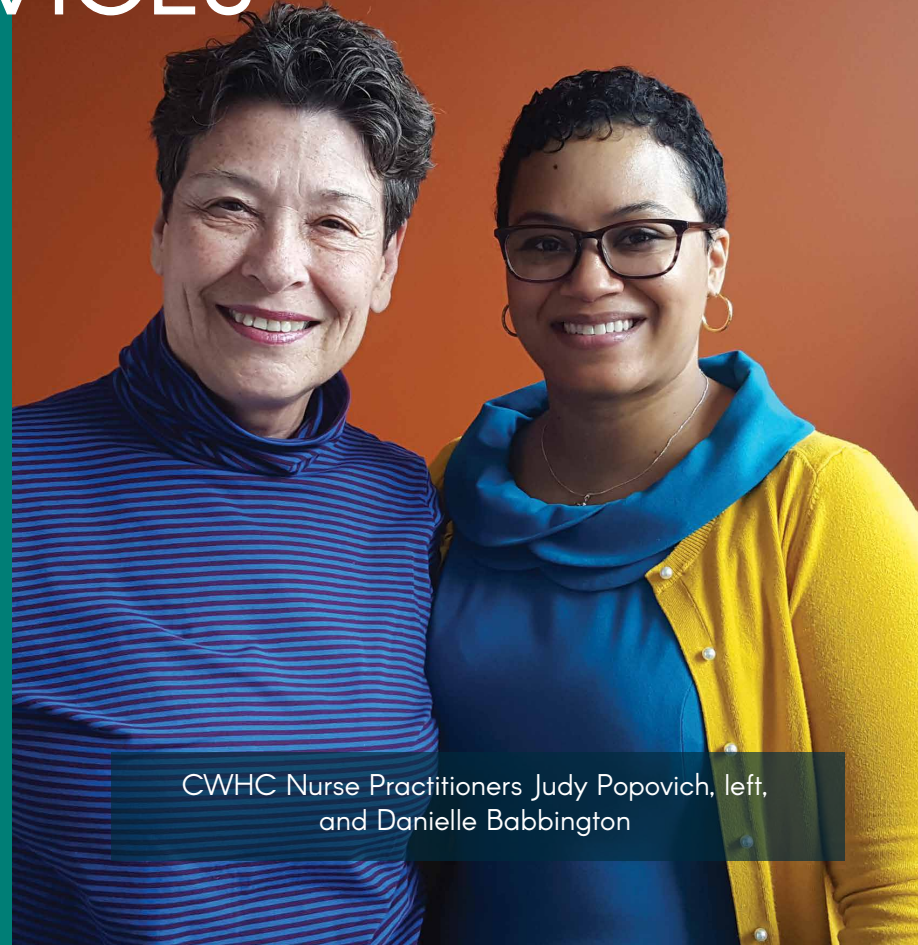
The Clinical Services Program provides collaborative health care with an emphasis on health education. CWHC's longest-standing program, its services include gynecology care, primary care, and care for trans individuals.

In FY18, 2,639 Clinical Services appointments were completed for 1,923 individuals.

99% of clients report their provider explained everything well.

97% of clients report that their mental health was addressed as part of their health and wellbeing.

72% of clients rely on CWHC as their only health care provider.



CWHC Nurse Practitioners Judy Popovich, left, and Danielle Babbington

“I don’t want to sound overdramatic, but this was a life changing visit for me. I felt extremely heard, cared for, and kindly + competently treated. As a trans person, I’m elated to know I have somewhere I can afford to go for quality care.” • client

TRANS HEALTH

Through Clinical Services, CWHC provides hormone administration in addition to co-managing primary care issues. Further, each of CWHC’s programs offer trans affirming services to all trans-identified individuals.

100% of trans health clients would recommend CWHC’s health care services.

100% of trans clients report that their provider respected their identity and perspective.

OUTREACH & EDUCATION

The OE Program facilitates the empowerment of young people to make informed decisions, to combat misinformation, and to be part of building safer school environments. The program's curriculum includes the anatomical and physiological impacts of puberty, pregnancy, and sexually-transmitted infections, as well as tools for assessing and addressing messages from peers and social media regarding self-esteem, body image, gender identity, sexuality, and healthy relationships.

In FY18, OE taught 629 classes, reaching 3,406 students across schools, community organizations, and in-house workshops. An additional 513 people were reached through community events.

71% of OE's 38 school and community partnerships have been active for two or more years, allowing staff to build trusting relationships with students, schools, and communities.

95% of classes were part of a multi-session series, allowing time to deepen conversations and skill building as well as be responsive to students' experiences, questions, and concerns.

BEYOND THE CLASSROOM

CWHC continues to advocate for more inclusive, gender-expansive classrooms that affirm all students. Alongside community partners, in FY18 CWHC provided feedback and curriculum development support to Chicago Public Schools (CPS) Office of Student Health and Wellness and serves on the CPS Safe and Supportive Environments Advisory Council.

In collaboration with CPS, Lurie Children's Gender and Sex Development Program, and the Illinois Safe Schools Alliance (The Alliance), CWHC also took part in drafting a sexual health education instructor's guide to supplement CPS' sexual health curriculum, specifically to make health education more LGBTQ-inclusive.

Outside of schools, CWHC has contributed to The Alliance's "Know Your Rights" materials for young people and adults, focused on individuals' rights related to sexual health and wellness.



“I love the way we are taught!
Thanks for ensuring our
knowledge is correct.”
- 7th Grade student

CWHC Health Educators, from left, Megan Selby, Scout Bratt, Clare Hiyama, and Joan Fadayiro

COUNSELING

The Counseling Program offers mental health services from a feminist and person-centered perspective. Counselors provide support and insight into a client's experiences while maintaining an open environment that enables clients to be seen, heard, and understood in their full complexity.

In FY18, 2,300 individual or couples counseling sessions were completed for 124 individuals.

97% of clients report working in partnership with their counselor.

95% of clients report an increased understanding or ability to approach difficulties in their life.

“Thank you so much for the transformative healing, feminist care. Y’all helped me when I had given up hope. I owe my life to that.”

- counseling client



ALTERNATIVE INSEMINATION CELEBRATES 35 YEARS

In 2018, the Alternative Insemination (AI) Program celebrated 35 years of assisting people on their path to pregnancy in a comfortable, respectful environment. One AI client shared, “I have never felt more at ease anywhere. Comfortable, open, inviting environment.”

In FY18, AI provided consultations and inseminations to 59 individuals.

INTEGRATIVE HEALTH

The Integrative Health Program (IHP) offers acupuncture, bodywork, and massage – providing access to alternative healing modalities regardless of an individual’s income.

In FY18, IHP provided 323 appointments for 91 clients.



CWHC Nurse Practitioner Danielle Babbington with the Impact Award for Community Enrichment

RECOGNITION

In FY18, CWHC received two awards for community impact!

CWHC received the 2018 Impact Award for Community Enrichment from Chicago-based Sideshow Theatre Company. The award was given because of CWHC's significant contribution to the Chicago community by providing accessible, affordable health care and health education to women and trans people.

“The work that CWHC is doing is vitally important. We are delighted to recognize an organization making such a difference in the Chicago community.”

- Sideshow Theatre Co.

OF IMPACT

The Outreach & Education Program received the 2018 Al Ward Spirit of Giving Award from Communities in Schools of Chicago (CISC), a long-time community partner that connects low income students to social, emotional, and physical health education to support academic success. This award recognizes one program that has gone beyond expectations to impact the community through a commitment to creative solutions.

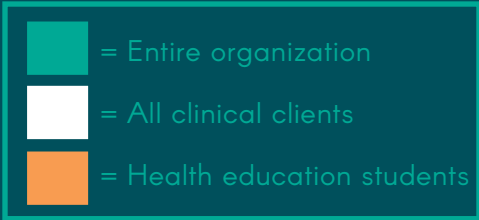
“CWHC goes above and beyond for the schools and students they serve. It is this kind of support, this kind of care and attention that CWHC exhibits each day, for each student they serve, that make them this year’s recipient.”

• CISC



Scout Bratt, OE Program Director, pictured right, with Yolanda Ware, School Counselor, pictured left, who won CISC’s award for individual impact. CWHC is proud to have partnered with Ms. Ware at Henderson Elementary for over 6 years.

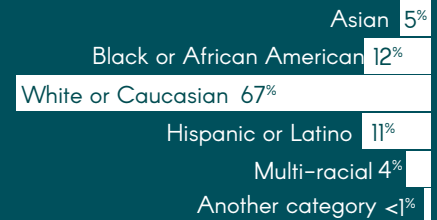
FY18 CLIENTS & STUDENTS



PEOPLE SERVED

6,116
2,197 | 3,919

RACE & ETHNICITY



INCOME & INSURANCE

51% of clients earn less than 200% of the Federal Poverty Level (\$24,280 for an individual).

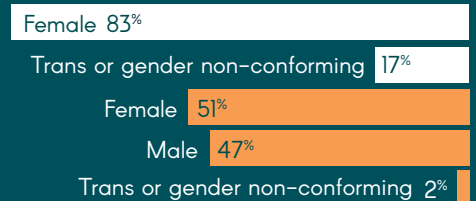
64% of students are from low-income households across Chicago.

37% of clients are uninsured.

27% of clients with insurance are underinsured due to high deductible plans.



GENDER



GEOGRAPHY

88% of clients live in Chicago, with 95% living in Cook County.

98% of school and community partners were located in federally designated medically underserved areas of Chicago.

AGE

Clients: ages range from 15 to 78 with an average age of 32

Students: 90% are youth whose ages range from 4th Grade to college-age

CLIENTS

91% of clients report feeling able to make a healthy change after their visit, including:

- I feel less afraid of seeking medical assistance because I know I will be treated with respect and compassion.
- I'm more encouraged to take care of my mental health and feel like I have some power in doing so.
- I feel like I can make an annual check-up appointment and afford it!

STUDENTS

89% of students report learning about positive health seeking behaviors.

Students said the most important thing they learned was:




- You are your own body and it is perfectly good. – 6th grade student
- What consent is and what it looks like. – 8th grade student
- To respect others no matter what their gender is. – 5th grade student

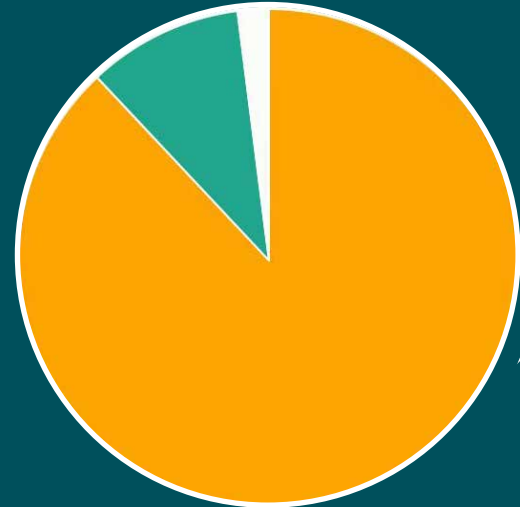
STATEMENT OF FINANCIAL POSITION

For Fiscal Years ending August 31, 2018 and 2017

ASSETS	2018	2017
Cash and cash equivalents	367,582	440,880
Accounts receivable	40,427	10,313
Unconditional promises to give	11,833	1,370
Prepaid expenses	23,144	22,783
Total current assets	442,968	475,346
Other assets	6,500	6,500
Property and equipment	8,641	13,580
TOTAL ASSETS	458,127	495,426
LIABILITIES & NET ASSETS		
Accounts payable	5,462	6,288
Accrued expenses	48,204	46,709
Current liabilities	53,666	52,997
Deferred rent liabilities	16,663	19,811
TOTAL LIABILITIES	70,329	72,808
Unrestricted net assets	387,798	396,618
Board designated	0	26,000
Temporarily restricted net assets	0	0
TOTAL NET ASSETS	387,798	422,618
TOTAL LIABILITIES & NET ASSETS	458,127	495,426

USE OF FUNDS

-  Program services: 88%
-  Fundraising: 10%
-  Management & general: 2%

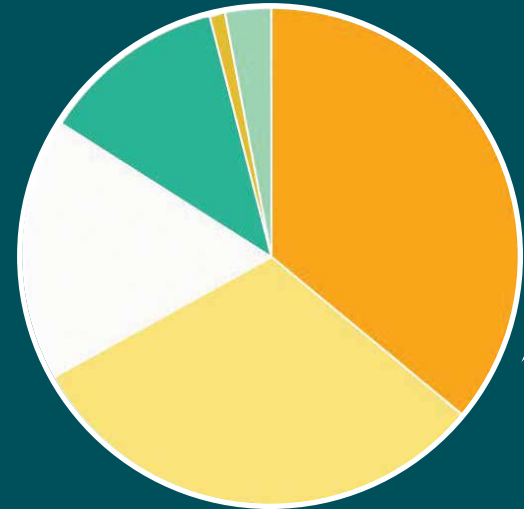
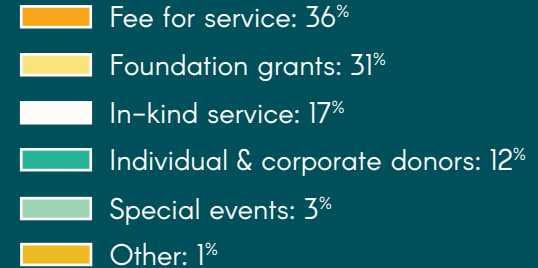


STATEMENT OF ACTIVITIES

For Fiscal Years ending August 31, 2018 and 2017

REVENUE	2018	2017
Foundation Grants	327,700	292,500
Fees for Service	379,092	392,138
In-kind Services	187,717	189,980
Individual Donations	109,428	118,431
Corporate Donations	20,266	19,366
Special Events (Net Income)	30,040	28,853
Other Income	11,446	11,029
Revenue Released From Restriction		90,000
TOTAL UNRESTRICTED REVENUE	1,065,689	1,142,297
EXPENSES		
Programs	963,446	980,104
Fundraising	108,105	89,692
Management & General	28,958	26,828
TOTAL EXPENSES	1,100,509	1,096,624
Change in Unrestricted Net Assets	(34,820)	45,673
Change in Temporarily Restricted Net Assets		(90,000)
Net Assets - Beginning of Year	422,618	466,945
Net Assets - End of Year	387,798	422,618

SOURCES OF FUNDING





“Here I finally
feel understood.”
– Counseling client

SPECIAL THANKS

CWHC is grateful for the generosity of
our foundation partners.

\$60,000 – \$26,000


The Crown Family | General Operations
VNA Foundation | Clinical Services Program
Polk Bros. Foundation | Outreach and Education Program
Northwestern University | General Operations

\$25,000 – \$10,000

The General Fund of Chicago Foundation for Women | General Operations
Anonymous | General Operations
Anonymous | General Operations
Anonymous | Nurse Practitioner Program
Colonel Stanley R. McNeil Foundation | Outreach and Education Program
Elizabeth Morse Charitable Trust | Outreach and Education Program
Harry S. Black & Allon Fuller Fund | General Operations
Phalarope Foundation | General Operations
Skaggs Family Foundation | General Operations
Washington Square Health Foundation | Clinical Services Program

\$8,000 – \$1,000

Anonymous | Capacity Building Support
Winnetka Congregational Church | Clinical Services Program
DEW Foundation | General Operations
AHS Foundation | General Operations
Crossroads Fund | General Operations
Anonymous | General Operations



CWHC sincerely thanks
our 640 individual donors,
who provided \$109,428 of
support in FY18, and our 63
volunteers, who donated
6,401 hours of their time.

BUSINESS SUPPORTERS

Thank you to all the businesses who supported CWHC in FY2018!



WOMEN & CHILDREN FIRST

Shop as Independently as you Think

ZEJLER
INSURANCE

THE TATA TOP.COM



early to bed

CWHC s
OUR Community
businesses!
#SHOPSMALL

Fulton Street Brewery
1871 Chicagoland

Entrepreneurial Center
Strange Cargo
Milk Handmade

Chiropractic For Life
Babes Only
Neighborly

Michelle Starbuck Designs
Vichcraft & Co.

Middle Brow Beer Co
glassybaby
Witty City Goods

Uptown Bikes
The Law Offices of
Max Elliott



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KIND

COOPERATIVE

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